

## Cotton Genetic Improvement for Insect Resistance; Integrating Plant Breeding and Entomological Approaches for Sustainable Pest Management

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### Abstract

Cotton is a major fiber and cash crop globally; the productivity of the crop is halting by insect pests which result in huge yield and economic losses. The conventional use of chemical insecticides has also given concern to the issue of resistance development, environmental risks and production expense which has carried out the awful need of alternative methods that are sustainable. The present paper discusses the genetic enhancement of cotton to insect resistance with a particular focus on the combination of plant breeding and entomological strategies as the means of sustainable pest control. The traditional breeding techniques, such as hybridization, recurrent selection and utilization of the wild relatives have high genetic diversity in terms of host plant resistance. The contemporary molecular methods include the Marker Assisted Selection, Gene Pyramiding and RNA interference technology that has been utilized to improve accuracy of breeding programs, transgenic Bt cotton known worldwide to alleviate pesticide pressure and reduce pest. Moreover, with the introduction of CRISPR-Cas genome editing previously unattainable opportunities to selectively modify the genes related to resistance are presented. Entomological knowledge especially under the concept of Integrated Pest Management enhances them by harmonizing ecological activities with the genetic technologies. The future opportunities are to create multi resistant and climate tolerant cotton strains, biotechnological and ecological approaches and support the transition to biotechnology by favorable policies towards farmers. The

integration of the progress in genetics, biotechnology and entomology can assurance the sustainability of cotton in the long track increase in productivity and environmental safety.

**Keywords:** Insect resistance, Genetic engineering, Bt cotton, Marker assisted selection, RNA interference, Integrated pest management, CRISPR-Cas genome editing, Sustainable agriculture

## 1. Introduction

Cotton (*Gossypium* spp.) is a worldwide important fiber crop, providing natural fiber for the textile industry as well as cottonseed for oil and animal feed which are critical to rural livelihoods and national economies (Zafar *et al.*, 2020). Despite its importance, insect pests continue to damage cotton yield, threatening cultivation's viability. Lepidopteran pests, particularly bollworms like *Helicoverpa zea* and *Pectinophora gossypiella* as well as sap sucking insects like whiteflies and aphids are among the most devastating (Jurat *et al.*, 2021). Reliance on chemical insecticides while historically effective has resulted in serious repercussions such as resistance, environmental damage and disturbance of beneficial insect populations emphasizing the necessity for integrated management approaches (Xiao *et al.*, 2024). For example, field evolved resistance in *H. zea* and pink bollworm populations has significantly reduced Bt trait efficacy (Zafar *et al.*, 2020). To overcome these experts suggested using organized refuge tactics and pyramiding toxins containing Vip3A proteins to limit resistance evolution (Wang *et al.*, 2020). Cry1, Cry2 and Vip3A, in particular has been successful for more than a decade and BG3 cotton which expresses Vip3A has both fatal and sublethal impacts on major pest species highlighting its importance in resistance management (Abbas, 2024). Plant breeding, both conventional and modern plays an important role in increasing pest resistance. Glandless cotton with gossypol free seeds and preserved defensive gossypol in vegetative tissues improves seed quality while maintaining insect protection (Zhang and Wedegaertner, 2021). Furthermore, the development of CRISPR Cas9 and other gene editing technologies has allowed for precise changes to resistance related genes however worries about off-target effects remain (Zafar *et al.*, 2020). Entomology supplements these efforts by providing insights into pest behavior, ecology and resistance routes (Tabashnik *et al.*, 2021). A case in point is the successful eradication of pink bollworm in the United States which was accomplished through a synergistic approach combining Bt cotton, sterile insect releases and refuge strategies resulting in an 80% reduction in insecticide use and significant environmental and economic benefits (Hussain *et al.*, 2019). When paired with Bt traits in pyramiding techniques, RNAi improves durability by targeting critical insect genes and experimental pyramided constructs outperformed Bt alone in delaying resistance (Huang *et al.* 2019).

These findings highlight the importance of a multidisciplinary strategy to cotton pest management that combines plant genetics, biotechnology, and entomology to promote long-term insect resistance (Pujar *et al.*, 2024). Modern techniques such as CRISPR and RNAi broaden this integrated toolkit highlighting the importance of integrated pest management (IPM) in improving cotton resistance and productivity (Nagaraj *et al.*, 2024).

## Objectives

- Highlight the global importance of cotton and the challenges posed by insect pests.
- Examine the contributions of plant breeding and modern genomics to insect resistance in cotton.
- Explore entomological perspectives on pest resistance evolution and ecological interactions.
- Propose an integrated framework combining breeding, biotechnology, and entomology for sustainable cotton pest resilience.

## 2. Major Insect Pests of Cotton

Cotton is attacked by a diverse variety of insect pests, the importance of which varies by region. Sap sucking insects and the boll weevil (*Anthonomus grandis*) are still the most economically important of the lepidopteran boll feeders (Trapero *et al.*, 2023). Pest complexes must be continuously monitored since shifts in dominance frequently occur in response to changes in crop protection techniques notably under Bt cotton production and pesticide regimes (Sgro *et al.*, 2020). Despite the success in controlling the bollworm, secondary pests such as whiteflies, aphids and jassids have become more prevalent, causing considerable changes in the pest complex (Wilson *et al.*, 2020). The modifications emphasize the necessity of breeding strategies that combine genetic resistance and entomological knowledge to develop cotton varieties that can withstand pest diversity, allowing for long-term and sustainable pest management (Figure 2.1).

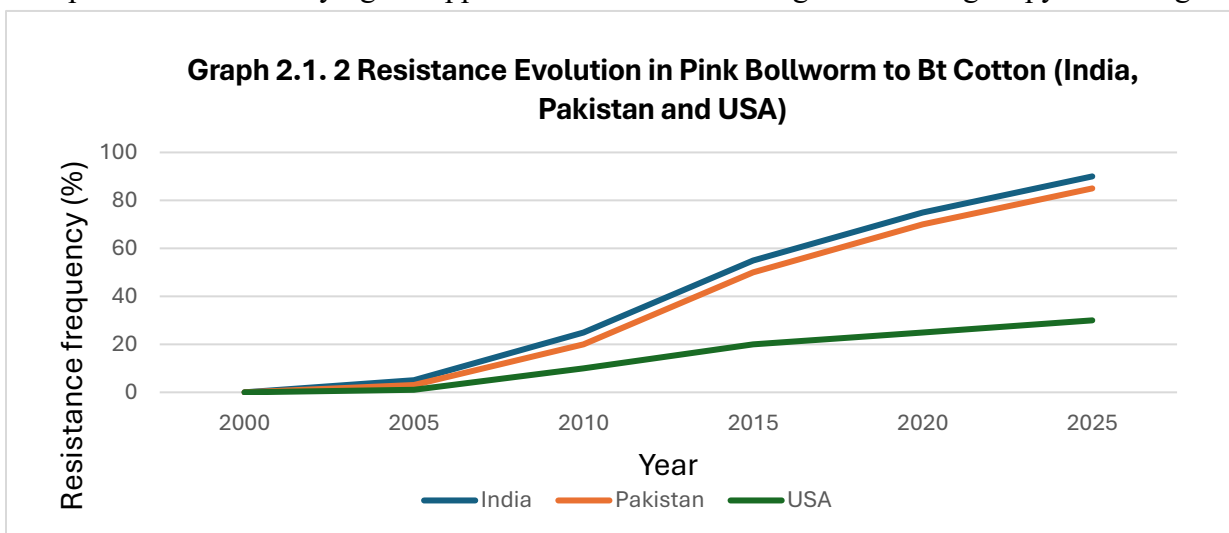
### 2.1 Lepidopteran Pests

#### 2.1.1 Cotton bollworm (*Helicoverpa Armigera*)

*Helicoverpa armigera* is one of the world's most damaging cotton pests, due to its polyphagy, fertility and migratory capacity. Resistance is frequently polygenic, encompassing both recessive and non-recessive features complicating management efforts (Yang *et al.*, 2021). Cross resistance to Cry and Vip proteins has also been demonstrated raising questions about the stability of present pyramids (Qi *et al.*, 2021). Reports from China and India demonstrate that *H. armigera* populations are relocating after protracted Bt exposure emphasizing the significance of resistance monitoring and refuge compliance (Gassmann *et al.*, 2023).

#### 2.1.2 Pink bollworm (*Pectinophora gossypiella*)

Pink bollworm larvae feed inside bolls resulting in direct lint and seed loss. Although Bt cotton greatly reduced its impact resistance has quickly arisen in areas where single toxin cultivars predominated (Fabrick *et al.*, 2023). In India, field specific resistance has resulted in revival and yield losses (Madhu *et al.*, 2025). Similarly, coordinated management combining pyramided Bt cotton structured refuges and area wide programs has eliminated or suppressed pink bollworm in portions of the United States (Gassmann *et al.*, 2023). Pink bollworm (*Pectinophora gossypiella*) resistance has become a major issue for the long-term viability of Bt cotton. Field evidence from India, Pakistan and the United States shows that despite initial success pink bollworm populations have developed tolerant of Bt toxins over time reducing their potency. This tendency emphasizes the importance of diversifying the approach to resistance management through a pyramid of gene



diversification, the use of refuges and the implementation of host plant resistance in order to slow the accumulation of resistance and maintain pest control on a long-term basis (Graph 2.1. 2).

### **2.1.3 Spodoptera spp.**

Armyworms, particularly *Spodoptera litura* and *S. frugiperda* are becoming more prevalent in Bt cotton systems as most Cry toxins are less effective against them. Their epidemics have been related to ecological imbalances caused by excessive pesticide usage or a focus on narrow spectrum pests. Current surveys have indicated that Spodoptera species are among the new pests in Bt cotton fields in Asia and South America (Marques *et al.*, 2023).

## **2.2 Sap sucking insects**

### **2.2.1 Whitefly (*Bemisia tabaci*)**

*Bemisia tabaci* is a cryptic taxonomic complex that causes direct harm to cotton by sap feeding and indirectly through the transfer of viruses such as cotton leaf curl disease in South Asia (Li *et al.*, 2023). A cotton germplasm assessment can also demonstrate that varietal resistance features have the ability to reduce whitefly performance while providing host plant resistance prospects (Rizwan *et al.*, 2021). Whiteflies are a severe restriction in India and Pakistan regardless of how widespread Bt cotton has become (Subramanian *et al.*, 2023).

### **2.2.2 Cotton aphid (*Aphis gossypii*)**

Cotton aphids can cause stunted deposition of honeydew and virus infection. Their attacks typically occur when natural predators are disturbed. According to recent RNAi research gene silencing techniques that inhibit *A. gossypii* could complement host resistance and biological management strategies (Zhan *et al.*, 2025). It is well known that germplasm screening has found varietal tolerance which can be used to produce resistant plants (Dinesh Kumar *et al.*, 2025).

### **2.2.3 Cotton jassid (*Amrasca devastans*)**

Cotton jassids damage crops in South Asia by feeding on leaf sap, causing hopper burn and yield loss. They are now resistant to most insecticides, and their management is primarily dependent on host plant resistance due to trichome density and biochemical deterrents (Aherkar *et al.*, 2023).

## **2.3 Boll weevil (*Anthonomus grandis*)**

The historical boll weevil was the most damaging cotton pest in the Americas. The larvae thrive within floral buds and bolls resulting in substantial yield losses. In the United States and Mexico, the pest has been nearly eradicated in many areas because to area wide eradication methods using pheromone trapping and the use of insecticides (Gassmann *et al.*, 2023). Nonetheless, it exists in South America particularly in areas where it is tough to regulate because to gaps in surveillance. It is no longer a major threat in most parts of the world, but the prospect of re-employment is underscored by the fact that it must be monitored (Nagaraj *et al.*, 2024).

## **2.4 Regional variation in pest complexes**

The relative importance of pests at cotton production sites South Asia. The resurgence of pink bollworms, along with persistent pressure from whiteflies and jassids, results in excessive insecticide use and economic loss (Kumar *et al.*, 2025). Bt cotton has long been used successfully in China to eradicate bollworms but *H. armigera* is showing signs of early resistance and whiteflies remain a concern (Gassmann *et al.*, 2023). In Brazil, pyramided Bt cultivars have emerged.

Cotton is attacked by a vast range of insect pests each with unique eating habits, potential harm and location. *Helicoverpa armigera* and *Pectinophora gossypiella* are lepidopteran pests that feed directly on bolls and reproductive structures while sap sucking insects such as *Bemisia tabaci* and *Aphis gossypii* reduce plant vigor and increase viral infections. These pests demonstrate why the world has to implement coordinated resistance strategies to protect cotton productivity (Table 2.1).

**Table 2. 1 Major Insect Pests of Cotton and Their Impact**

Pest Specie	Types	Damage Symptoms	Global Distribution	Citations
<i>Helicoverpa armigera</i>	Lepidopteran	Boll/leaf feeding	Asia, Africa, Australia	Yang <i>et al.</i> , 2021
<i>Pectinophora gossypiella</i>	Lepidopteran	Pink bollworm damage	India, Pakistan, USA, China	Fabrick <i>et al.</i> , 2023
<i>Bemisia tabaci</i>	Sap-sucker	Sap loss, virus transmission	Asia and Africa	Li <i>et al.</i> , 2023
<i>Aphis gossypii</i>	Sap-sucker	Stunting, honeydew, virus	Global	Zhan <i>et al.</i> , 2025
<i>Anthonomus grandis</i>	Boll weevil	Bud/boll destruction	Americas	Joga <i>et al.</i> , 2023

### 3.1 Breeding Methods of Cotton for Insect Resistance

The pink bollworm (*Pectinophora gossypiella*) and cotton bollworm (*Helicoverpa armigera*) cause significant yield losses in cotton (*Gossypium* spp.) (Nagaraj *et al.*, 2021). Reliance on chemical control has raised concerns over resistance and environmental safety (Razzaq *et al.*, 2023). Thus, breeding insect-resistant cultivars remains a vital strategy, with host plant resistance proving effective in reducing pest damage (Arora *et al.*, 2023).

Resistance traits such as glandular trichomes, boll hardness, delayed fruiting, and early boll opening reduce pest infestation (Dinesh *et al.*, 2025; Saleem *et al.*, 2022). For instance, resistance traits from *G. arboreum* have been introgressed into *G. hirsutum* to enhance bollworm resistance (Messmer *et al.*, 2019). Breeding programs also exploit hybrid vigor to strengthen resistance and yields (Shahzad *et al.*, 2022). The success of Bt cotton highlights the effectiveness of combining natural resistance and biotechnology (Shuli *et al.*, 2021). However, the durability of resistance depends on genetic diversity, accurate selection, and continuous monitoring of evolving pest populations (Shuli *et al.*, 2021).

### 3.1 Insect Tolerance through Hybridization and Selection

Hybridization between resistant and high-yielding lines enables the transfer of resistance traits into agronomically superior cultivars (Razzaq *et al.*, 2023). Interspecific crosses, such as *G. hirsutum* × *G. barbadense*, have produced hybrids with improved bollworm resistance while maintaining fiber quality (Saleem *et al.*, 2022). Subsequent selection stabilizes resistance and yield across diverse environments (Kumar *et al.*, 2024). Hybrid vigor further enhances yield under pest pressure (Basal and Turgut, 2003). Despite challenges like parental incompatibility and high seed costs, hybridization remains a practical approach to balancing resistance, yield, and fiber quality (Shahzad *et al.*, 2022).

### 3.2 Marker-Assisted Selection (MAS) for Resistance Genes

Molecular markers accelerate resistance breeding by enabling early detection of resistance traits, reducing reliance on lengthy phenotypic screening (Kumar *et al.*, 2024). For example, the Cry1Ac gene has been tracked in Bt cotton using markers (Cordo and DeLoach, 2020). MAS facilitates precise selection, shortens breeding cycles, and supports gene pyramiding for broad and durable resistance (Salimi *et al.*, 2021). Advances like GWAS and high-throughput sequencing further enhance resistance gene identification (Wilson *et al.*, 2020). MAS is now integral to insect-resistant cotton breeding, complementing conventional and transgenic methods (Cordo and DeLoach, 2020).

### 3.3 Transgenic Approaches

Genetic engineering has introduced insecticidal proteins, particularly Bt Cry toxins, into cotton, significantly reducing bollworm damage (Khan *et al.*, 2023). Stacked Bt varieties (e.g., Cry1Ac + Cry2Ab, Cry1F) provide broader and more durable resistance (Briefs, 2023). However, resistance evolution in pests like *H. armigera* and *P. gossypiella* necessitates continuous innovation (Sripathy *et al.*, 2024). Concerns regarding non-target organisms, gene flow, and environmental effects persist (Kumar *et al.*, 2024). Emerging tools such as RNA interference (RNAi) and CRISPR-based genome editing offer promising alternatives (Khan *et al.*, 2023).

### 3.4 Integrated Pest Management (IPM) and Entomology

Understanding pest ecology, biology, and resistance dynamics is essential for effective IPM in cotton (Razzaq *et al.*, 2023; Sripathy *et al.*, 2024). IPM integrates biological control (parasitoids, predators), cultural practices (rotation, intercropping), and judicious pesticide use to delay resistance and conserve natural enemies (Shahzad *et al.*, 2024). Its success depends on collaboration among entomologists, breeders, agronomists, and farmers (Sgro *et al.*, 2020). However, limited farmer awareness and institutional support hinder adoption in some regions (Arshad *et al.*, 2019). Despite challenges, IPM remains central to sustainable pest management, complementing genetic and biotechnological approaches (Shahzad *et al.*, 2024).

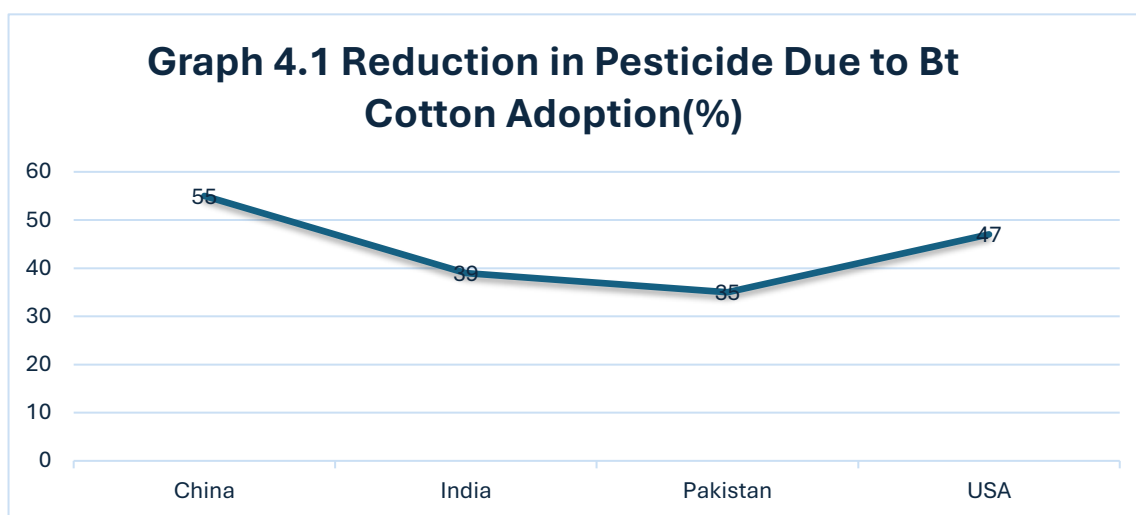
## 4. Advances in Molecular and Biotechnology

Cotton enhancement had taken on a new dimension with the development of molecular and biotechnological technologies that provide precise and effective methods of generating insect resistance. Conventional breeding has historically been ineffective in keeping up with shifting pest pressures but new opportunities are emerging through the use of transgenic Bt cotton, gene pyramiding, RNA interference (RNAi) and CRISPR/Cas genome editing (Shahzad *et al.*, 2022). Such advances not only improve pest resistance, but also reduce reliance on chemical insecticides, contributing to environmental sustainability and the benefits of cotton productivity (Zafar *et al.*, 2020).

### 4.1 Transgenic Bt Cotton and Pest Dynamics

The introduction of Bt cotton revolutionized pest management, reducing reliance on broad-spectrum insecticides and lowering environmental risks (Shahzad *et al.*, 2024). Early Bt cultivars expressing Cry1Ac provided effective control of *Helicoverpa armigera* and *Pectinophora gossypiella*, resulting in significant yield gains (Zafar *et al.*, 2020). Adoption of Bt cotton reduced bollworm populations, pesticide sprays, and health risks, particularly in India, China, and the U.S. In China, pesticide use declined by about 70% following widespread Bt adoption (Khan *et al.*, 2023).

However, repeated pest exposure has led to resistance, notably in pink bollworm populations in India (Leko *et al.*, 2021). To address this, pyramided Bt cotton with stacked toxins (Cry1Ac + Cry2Ab, Cry1F) was developed, offering broader resistance and delaying resistance evolution (Khan *et al.*, 2023). Long-term studies in Australia and the U.S. confirmed their effectiveness (Jin *et al.*, 2025). Yet, secondary pests such as whiteflies and mealybugs have emerged due to reduced insecticide applications (Sgro *et al.*, 2020). Current research focuses on next-generation Bt proteins, RNAi-based designs, and CRISPR editing to sustain effectiveness (Cordo and DeLoach, 2020). Pesticide use has dropped by 55% in China, 47% in the U.S., 39% in India, and 35% in Pakistan, demonstrating Bt cotton's role in lowering chemical dependence, production costs, and environmental hazards.



#### 4.2 Gene Pyramiding for Durable Resistance

Gene pyramiding, which integrates multiple resistance genes into one genotype, is a proven strategy to extend resistance durability (Gupta *et al.*, 2022). Two-gene Bt cotton (Cry1Ac + Cry2Ab or Cry1F) provides wider control of lepidopteran pests and reduces the likelihood of resistance compared to single-gene events (Tabashnik and Carriere, 2019). In Australia, pyramided Bt delayed resistance development in *H. armigera*, while studies in the U.S. showed prolonged efficacy against *H. zea* (Downes *et al.*, 2020).

Pyramiding reduces cross-resistance risk, especially when toxins bind to different insect receptors (Bravo *et al.*, 2020). Success, however, depends on refuge strategies that preserve susceptible pest populations. Non-compliance, as in India, has accelerated resistance in pyramided Bt lines (Kranthi and Stone, 2020). Modeling studies confirm that combining non-redundant resistance genes with refuge practices can significantly delay resistance (Tabashnik *et al.*, 2023). Increasingly, pyramiding strategies now combine Bt proteins with RNAi for multi-layered control (Nim *et al.*, 2020).

#### 4.3 RNAi Technologies to Insect Pests

RNA interference (RNAi) is a precise gene-silencing tool that disrupts essential insect functions by degrading targeted mRNA (Zhang *et al.*, 2024). It has shown efficacy against major cotton pests, including *H. armigera*, whiteflies and aphids (Mamta and Rajam, 2025). Silencing of

digestion, reproduction, and detoxification genes reduces survival while minimizing risks to non-target organisms (Cooper *et al.*, 2019).

Host-induced gene silencing (HIGS) in transgenic cotton provides durable resistance, while spray-induced gene silencing (SIGS) offers a non-transgenic alternative (Xuh *et al.*, 2021). However, efficiency varies among insect taxa due to differences in dsRNA stability and uptake (Christiaens *et al.*, 2020). Delivery challenges remain, but nanoparticle carriers are being developed to improve dsRNA stability and absorption (Yan *et al.*, 2020). Integrating RNAi with Bt technologies could provide synergistic control and delay resistance (Nim *et al.*, 2020). Overall, RNAi offers strong potential but requires solutions for delivery and field stability before commercial adoption (Joga *et al.*, 2021).

#### 4.4 CRISPR- Cas Based Cotton Genome Editing

CRISPR-Cas has emerged as a precise genome-editing platform for enhancing insect resistance and agronomic traits in cotton (Chen *et al.*, 2019). It enables targeted mutagenesis, knockouts, and insertions in resistance-related genes (Linoj *et al.*, 2021). CRISPR has been used to modify pathways regulating gossypol and terpenoid biosynthesis, improving natural defenses (Mahrang *et al.*, 2020). Unlike conventional transgenics, CRISPR does not require foreign DNA insertion, enhancing regulatory acceptance (Sedeek *et al.*, 2020).

Recent studies show CRISPR can silence susceptibility genes, reducing pest damage, while multiplex editing enables simultaneous modifications at multiple loci for pyramided resistance (Wang *et al.*, 2020). Integration with omics tools enhances the identification of key target genes (Mahrang *et al.*, 2020). CRISPR is thus projected to be transformative in pest-resistant cotton breeding, complementing RNAi and gene pyramiding (Chen *et al.*, 2019). Alongside ecological approaches such as refuges, IPM, and biological control, genome editing highlights the importance of multidisciplinary strategies for long-term cotton pest management (Linoj *et al.*, 2021). These techniques underline the importance of combining several disciplines in order to achieve sustainable, long-term control of risk insects in cotton production systems (Table 4.1).

**Table 4.1 Breeding, biotechnological and ecological strategies for insect resistance in cotton**

Strategy	Genes / Approaches	Advantages	Limitations	Citations
Conventional Breeding	Trichome density, boll toughness	Non-GMO, eco-friendly	Slow progress, limited diversity	Arora <i>et al.</i> , 2023
Hybridization Combines	G. hirsutum × G. barbadense	resistance + quality	Costly seed production	Shahzad <i>et al.</i> , 2024
Marker-Assisted Selection (MAS)	Cry1Ac markers	Precise, faster breeding	Requires robust markers	Trapero <i>et al.</i> , 2021
Transgenic Bt Cotton	Cry1Ac, Cry2Ab, Vip3A	High efficacy vs bollworms	Resistance evolution	Khan <i>et al.</i> , 2023
Integrated Pest Management (IPM)	Biological control, crop rotation, refuges, intercropping	Reduces pesticide use, supports ecological balance	Requires farmer training and adoption	Shahzad <i>et al.</i> , 2024

## 5. Insect views in Cotton pest management

Understanding insect behavior, resistance mechanisms, evolutionary dynamics, and the employment of natural enemies helps breeders, entomologists, and agronomists better balance pest management measures (Zhang *et al.*, 2023).

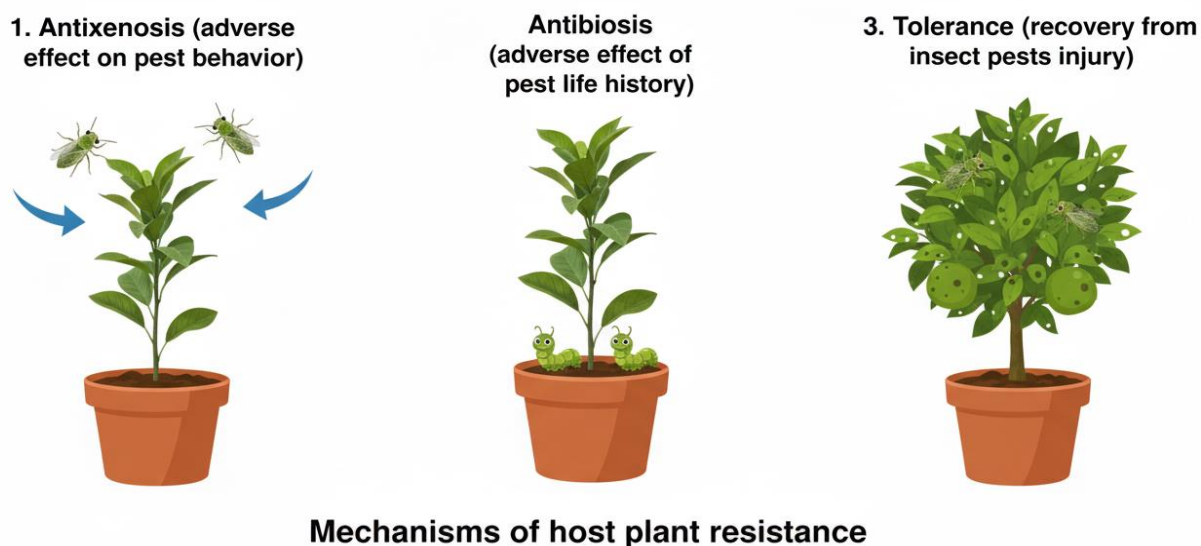
### 5.1 Insects Behavior and Host Plants.

Host plant traits such as volatiles, surface morphology, and biochemical signals strongly influence insect colonization (Zhou *et al.*, 2023). Cotton plants release herbivore-induced volatiles, with methyl jasmonate reducing oviposition and feeding of *Helicoverpa armigera* and *Spodoptera frugiperda* (Zhang *et al.*, 2023). Canopy features, including leaf angle and trichome density, affect *Bemisia tabaci* settlement, with pubescent cultivars showing 40% fewer infestations than glabrous ones (Chen *et al.*, 2022). Trichomes also serve as dual physical and chemical barriers against whiteflies (Singh and Verma, 2021). Biochemical cues such as flavonoids, phenolic acids, and terpenoids deter sap-sucking pests and shape host choice (Abro *et al.*, 2021). For boll weevils (*Anthonomus grandis*), oviposition is influenced by boll size and pericarp toughness (Silva *et al.*, 2020). Climate-driven volatiles further affect distributions; *Aphis gossypii* prefers fragile cultivars under high temperatures, showing adaptive avoidance (Kumar *et al.*, 2022).

### 5.2 Mechanisms of Resistance

Cotton resistance operates through antixenosis, antibiosis, and tolerance. Antixenosis involves avoidance where flavonoid- and ferulic acid-rich lines reduce infestation by *A. gossypii* and *B. tabaci*. Antibiosis causes direct harm, with *Pectinophora gossypiella* showing delayed development and 70% mortality on Bt + RNAi lines (Souza *et al.*, 2024). High gossypol cultivars also reduce lepidopteran pupal weight (Das *et al.*, 2020). Tolerance is seen in cultivars maintaining boll survival despite jassid damage (Johnson *et al.*, 2020) and sustaining photosynthesis and yield recovery under aphid and whitefly stress (Iqbal *et al.*, 2021). Combining these mechanisms provides broader, sustainable resistance (Sheri *et al.*, 2025).

**Figure 4.1 Mechanism of Host Plant Resistance**



### 5.3 Insect Development of resistance to Controlling measures.

Despite resistant varieties, pests adapt. *H. armigera* in Pakistan developed SNP-based Cry1Ac resistance via cadherin gene mutations (Khan *et al.*, 2023). Metabolic resistance has emerged in *Amrasca devastans* with increased esterase and P450 activity against pyrethroids and neonicotinoids (Pandey *et al.*, 2022). Behavioral avoidance was observed in *S. litura* which avoided Vip3A tissues (Liang and Zhou, 2024). Pink bollworm developed resistance to Cry2Ab2 and Vip3Aa19 in India (Madhu *et al.*, 2025). Bt-resistant populations also showed tolerance to flonicamid and pyriproxyfen (Hameed *et al.*, 2021). These examples illustrate diverse resistance pathways genetic, metabolic and behavioral driven by strong selection pressures.

### 5.4 Role of Natural Enemies and Biological Control

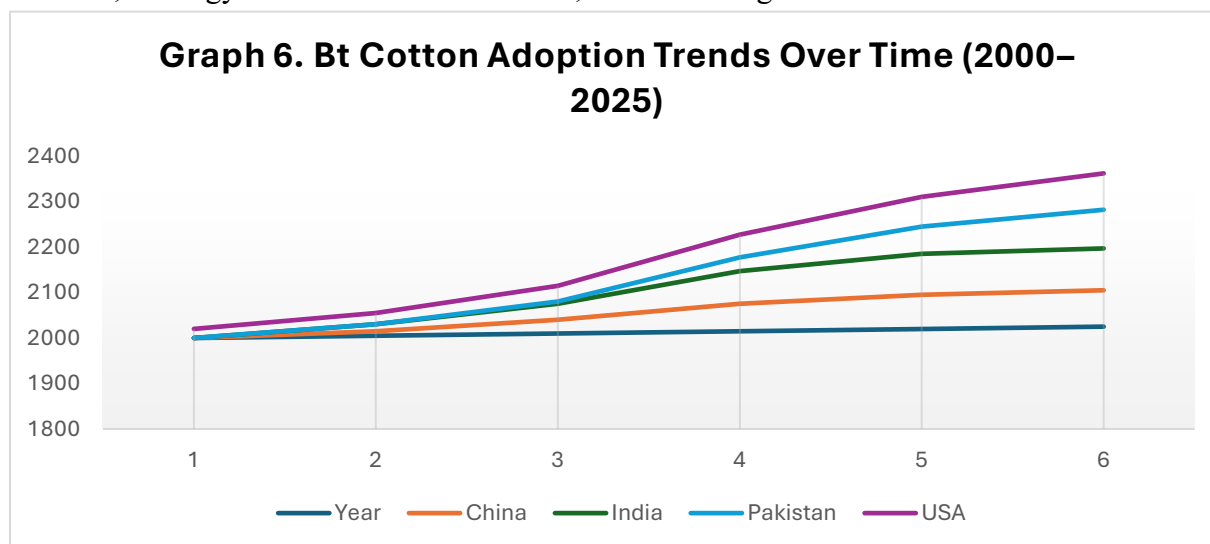
Biological control strengthens cotton resilience while reducing insecticide dependence. Predators like *Chrysoperla externa* and *Coccinella septempunctata* suppressed aphids in Bt cotton where reduced pesticide use supported natural enemies (Smith *et al.*, 2021). Parasitoid releases of *Trichogramma* spp. cut pink bollworm infestations by ~60% (Kumar and Rao, 2019). Entomopathogenic fungi (*Beauveria bassiana*, *Metarhizium anisopliae*) reduced larval survival and improved seedling vigor (Patel and Desai, 2022). Microbial seed treatments enhanced rhizosphere interactions, indirectly lowering pest colonization (Razaq *et al.*, 2021). Landscape-level tactics such as intercropping with nectar plants increased parasitoid abundance and suppressed *H. armigera* and whiteflies (Kiran *et al.*, 2022).

### 5.5 Synthesis and Implications for IPM

Cotton pest management requires diverse, integrated approaches. Plant traits (morphological, biochemical) deter colonization (Zhang *et al.*, 2022). Resistance mechanisms antixenosis, antibiosis, tolerance—limit pest survival (Souza *et al.*, 2024). Yet, rapid resistance evolution demands gene pyramiding, refuges, and resistance cycles (Liang and Zhou, 2024). Integrating behavioral, physiological and ecological insights within IPM ensures sustainable cotton production, balancing yield security with reduced environmental impact.

## 6. Integration to Sustainable Pest Management

The latter foundation is entomology and the incorporation of PBG to enable sustainable cotton pest management. The key to their survival in IPM systems is ecological knowledge of insect behavior, ecology and resistance evolution, even when genetic innovations such as resistant



cultivars, Bt characteristics and CRISPR based innovations are utilized to provide crop resistance. This kind of cooperation makes it possible to produce environmentally friendly and genetically strong cotton that is resistant to pests (Carriere *et al.*, 2019). As Graph. 6 shows. By 2025, usage had surpassed 90% in China and India, demonstrating their exponential expansion. In contrast to the United States, which embraced the technology early but eventually stabilized at around 80%, Pakistan showed a slower but stable growth over time. The broad use of Bt cotton as a method to reduce insect pressure and increase output is reproduced in these trends.

### 6.1 Genetics and Entomology Synergies in IPM

For instance, entomological surveillance has been utilized to detect changes in *Helicoverpa armigera* populations, Bt and RNAi stacking has been used to breed pest resistance (Arora *et al.*, 2020). Although MAS has consistently made it possible for whitefly and aphid resistance alleles to be introduced, they have not been effectively used without ecological studies on how insects interact with their host plants, which can lead to the breakdown of resistance (Rahman *et al.*, 2022). These illustrations show how entomology and genetics work together to increase resistant lifetime in a way that neither discipline could do alone (Sun *et al.*, 2021).

### 6.2 Combined Methods of Breeding and Ecological Pest Control

Cotton breeding today is primarily focused on integrating ecological compatibility and resistance genes. The traits of high gossypol concentrations, trichome density and nectar less lines that have been entomologically confirmed to repel bollworms, aphids and whiteflies have been included into traditional breeding (Mei *et al.*, 2019). Nowadays, targeted editing of the genes of susceptibility and the development of cultivars with the necessary antixenosis features are made possible by advancements in CRISPR-Cas9 (Zhou *et al.*, 2023). For example, the intercropping of marigold with cotton aided in the development of jassid-resistant cotton, increasing predators and reducing jassid populations (Kiran *et al.*, 2022). Similarly, cotton lines resistant to conservation tillage maintained natural enemy numbers and soil health increasing the biological control of bollworms. These tactics demonstrate how PBG driven resistance is resistant to deployment in environmentally favorable settings (Wang *et al.*, 2020).

### 6.3 Success Case Studies of Integrated Approaches

A Numerous case studies exemplify how well entomology and genetics work together in IPM. When hybrid Bt cotton was introduced in China, large scale biological control programs resulted in steady yields and a 70% decrease in pesticide levels (Liu *et al.*, 2021). The successful delay of resistance in *Pectinophora gossypiella* populations in India through the use of both Bt cotton and non-Bt seed mixtures is an example of how genetic strategies require entomological counseling on resistance development (Kranthi and Stone, 2020). Similarly, when used in the United States, RNAi-mediated resistance to *Spodoptera frugiperda* combined with predator conservation efforts remained effective for five years (Tabashnik *et al.*, 2021). When considered collectively, these success stories highlight the idea that combining entomology and genetics is not only feasible but also essential for global cotton production to be sustainable (Mwangi *et al.*, 2022).

## 7. Challenges and Limitations

Many challenges in establishing a connection between PBG and entomology continue to exist currently. The sustainability of genetic treatments is still threatened by the high rate of resistance development of important pests as whiteflies and pink bollworm (Carriere *et al.*, 2019). Furthermore, it is difficult to propagate generally resistant cultivars in agroecological diversity, and regional pest variances are commonly observed in entomology research (Fand *et al.*, 2021).

Additionally, there are issues with ecological integration, intercropping, and the potential for minimal pesticide usage to not always be determined by farmers' commercial objectives, which leads to unequal application (Sharma *et al.*, 2020). CRISPR-Cas based genetic solutions generate biosafety and regulatory concerns, especially in developing nations with weaker policymaking institutions (Kumar *et al.*, 2023).

## **8. Future Prospects and Research Opportunities**

### **8.1 Multi Resistant Cotton**

Developing cotton cultivars resistant to multiple pest complexes is vital for future sustainability (Gupta *et al.*, 2022). Combining antixenosis, antibiosis, and tolerance within elite germplasm increases survival and lowers resistance risk (Sheri *et al.*, 2025). Gene pyramiding, proven in extending Bt efficacy, can integrate metabolic traits, RNAi, and Bt to provide broader protection (Huang *et al.*, 2019). Such cultivars will reduce pesticide dependence and enhance resilience against fluctuating pest pressures (Tabashnik and Carriere, 2019).

### **8.2 Integration of Biotechnological and Ecological Methods**

Future cotton improvement requires merging biotechnology with ecological practices (Carriere *et al.*, 2019). Tools such as MAS, Bt, RNAi, and CRISPR can be combined with crop rotation, intercropping, and biological control for stronger resistance (Kiran *et al.*, 2022). Companion planting with nectar-rich crops supports predators and parasitoids, complementing resistant cultivars (Smith *et al.*, 2021). Conservation agriculture and soil health further sustain natural enemies and amplify cultivar effectiveness (Wang *et al.*, 2020).

### **8.3 Pest Resistance Breeding and the Climate Change**

Climate change will significantly affect host–pest dynamics and resistance breeding outcomes (Sgro *et al.*, 2020). Rising temperatures and irregular rainfall expand pest ranges and accelerate infestations (Rodrigues and Beldade, 2020). Heat-stressed cotton may alter pest interactions and weaken resistance (Zhang and Li, 2023). Breeding must incorporate traits like drought tolerance, heat resistance and insect resistance (Shuli *et al.*, 2021). Modeling suggests gene pyramiding and ecological IPM remain effective under changing climates (Tabashnik *et al.*, 2023). Combining climate-smart breeding with pest surveillance is essential for long-term resilience (Chakraborty *et al.*, 2022).

### **8.4 Perspectives of Policy and Farmer Adoption**

The success of resistance technologies depends on farmer adoption and supportive policy (Sharma *et al.*, 2020). Training and awareness programs ensure compliance with resistance management practices (Kranthi & Stone, 2020). Farmer participation in breeding programs increases adoption of resistant cultivars (Mwangi *et al.*, 2022). Policy support for habitat management and biological control further enhances deployment (Rahman *et al.*, 2022). Transparent regulation of gene-edited crops like CRISPR cotton is also crucial for commercialization (Kumar *et al.*, 2023). Ultimately, coordinated efforts between research, policy, and farmers will ensure sustainable and productive cotton systems (Carriere *et al.*, 2025).

## **9. Conclusion**

Cotton is the world's leading fiber crop, yet insect pests continue to threaten yield and quality. Improvement strategies range from conventional breeding and hybridization with wild relatives to advanced molecular tools such as gene pyramiding, RNA interference, and CRISPR genome editing. Integrating insect biology with plant breeding has proven essential for developing durable

resistance. Combining genetic resistance with ecological practices, biological control, and IPM reduces pesticide dependence and promotes sustainability. Future progress lies in developing climate-resilient, multi-resistant cultivars, supported by farmer adoption and enabling policies. Collaboration between scientists, policymakers, and farmers will ensure cotton remains productive, sustainable, and capable of meeting global fiber demand while protecting ecosystems and livelihoods.

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