

Bio-Inspired AI for IoT Networks: Swarm Intelligence and Neural Models for Adaptive Decision Making

Engr. Sidra Rehman¹, Engr. Nazia Noor², Syed Zunair Ahmed³, Aribah Murtaza⁴

¹Senior Lecturer, Department Computer Science, Iqra University North Campus
sidra.rehman_n@iqra.edu.pk

²Senior Lecturer Software Engineering Dept, University: DHA Suffa University Karachi
nazia.noor@gmail.com

³Manager Web Applications, Atlas Honda, syedzunairahmed@gmail.com

⁴aribahmurtaza123@gmail.com

DOI: <https://doi.org/10.63163/jpehss.v3i3.620>

Abstract

Internet-of-Things (IoT) networks operate under tight energy, bandwidth, and latency constraints. Bio-inspired AI offers practical tools to adapt under these constraints by combining swarm intelligence for decentralized control with neural models for predictive and learning-based decisions. This paper (i) surveys how ant colony optimization, particle swarm optimization, and other swarm methods improve routing, clustering, and resource orchestration in IoT; (ii) reviews neural approaches, including deep reinforcement learning, graph neural networks, multi-armed bandits, federated learning, and spiking neural networks at the edge; and (iii) proposes BioAdapt-IoT, a hybrid architecture where lightweight swarm agents handle local coordination while neural components at the edge (or neuromorphic nodes) learn policies for long-term performance. We outline evaluation metrics and provide a reproducible experiment design to benchmark energy, latency, reliability, and adaptability. The review and the proposed design show that hybrid bio-inspired control can deliver robust gains for large-scale IoT deployments [6], [8], [13], [21], [24].

Introduction

IoT networks connect large numbers of low-power devices that must route data over lossy links while preserving energy and meeting latency targets. Classical protocols like RPL define a solid baseline but can struggle with congestion, mobility, and adversarial conditions without adaptive logic. Bio-inspired AI brings two complementary ideas: swarm intelligence for decentralized coordination and neural learning for prediction, planning, and policy optimization. Putting them together enables online adaptation to traffic, interference, and failures [5], [6].

Background

Swarm intelligence in a nutshell

Swarm intelligence methods mimic collective behavior in nature to solve optimization or control problems using many simple agents. Foundational examples include ant colony optimization (ACO) for path discovery, particle swarm optimization (PSO) for continuous search, and artificial bee colony (ABC) for foraging-style exploration. More recent metaheuristics like the whale optimization algorithm (WOA) expand the toolset. These methods work well in distributed, dynamic settings, which makes them a natural fit for IoT routing, clustering, and scheduling [1] [4].

Neural approaches for networked decision making

Neural models extend beyond static optimization. Deep reinforcement learning (DRL) learns policies for dynamic resource allocation and routing; graph neural networks (GNNs) exploit network topology; multi-armed bandits (MABs) support ultra-lightweight online channel selection; and federated learning (FL) trains models collaboratively without centralizing data. For power-limited devices, spiking neural networks (SNNs) and neuromorphic chips enable event-driven, low-energy inference at the sensor [8], [17] [23].

Related Work

Swarm-based routing and clustering has a long track record in WSN/IoT. ACO variants and ABC-based schemes reduce energy and improve path reliability; newer works introduce hybrid or energy-aware pheromone updates and specialized bio-inspired optimizers for cluster-head selection. On the neural side, DRL is used for routing and resource allocation; MABs enable fast channel selection; GNNs speed near-optimal resource allocation via learned unrolled solvers; and FL addresses privacy and bandwidth limits when models learn across devices. SNNs are emerging for always-on, ultra-low-power edge inference. [10] [12] [14] [25] [28] Standards context. RPL remains the de-facto IPv6 routing protocol for low-power and lossy networks and is a common baseline that bio-inspired methods augment or adapt. [5]

Problem Formulation for Adaptive IOT Control

We consider a multi-hop IoT network with nodes N , directed links E , and time-varying traffic λ_t .

The controller's goal is to minimize a long-run cost

$$J = \mathbb{E}[\alpha E_t + \beta D_t + \gamma L_t + \delta(1-PDR_t)],$$

where E_t is energy per delivered bit, D_t end-to-end delay, L_t packet loss, and PDR_t packet delivery ratio.

Constraints include battery budgets, duty-cycle regulations, and link capacity. We assume partial observability and stochastic dynamics due to fading, interference, and mobility [5], [6].

Bioadapt-IoT: A Hybrid Architecture

Idea. Use swarm agents for fast, local coordination and neural learners for slower, global adaptation.

Layers and roles

1) Device layer (swarm control).

Each node runs a lightweight swarm policy for next-hop selection and duty cycling. Examples:

- ACO-style pheromone updates with energy-aware evaporation.
- ABC/PSO strategies for cluster-head election and node placement.

These require only local observations and neighbor beacons.

2) Edge layer (learning control).

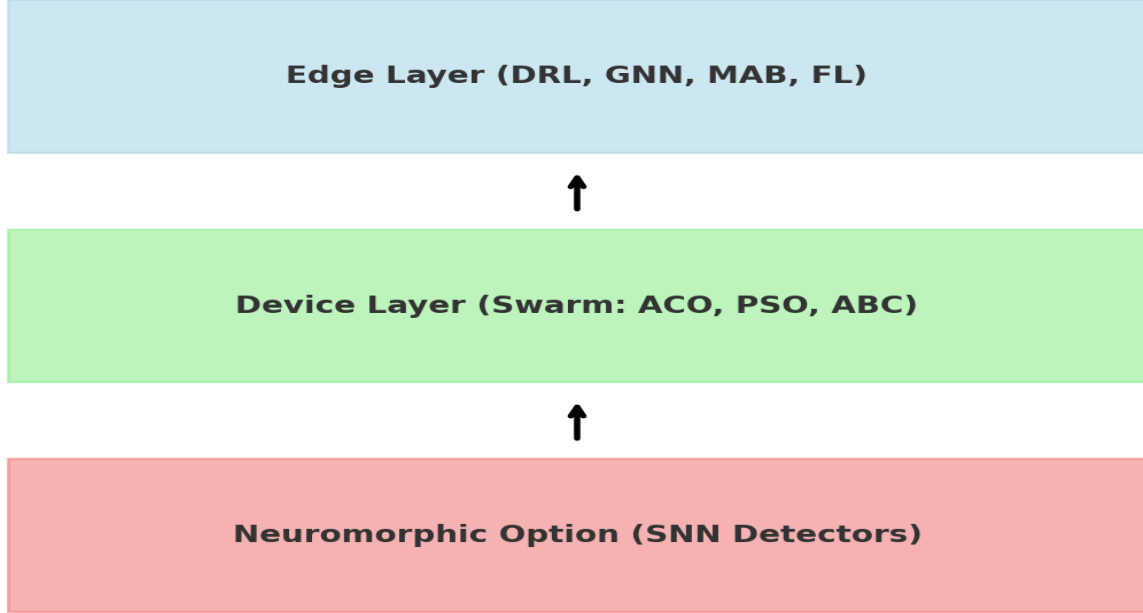
An edge server or capable gateway runs:

- DRL to tune swarm hyper parameters (e.g., pheromone weights, exploration rate) and to schedule channels/time-slots across clusters. [8]
- GNNs that infer near-optimal resource allocations from the current graph state. [21]
- MABs for per-cluster channel selection when latency is tight. [18]
- Federated learning if multiple gateways coordinate a shared model without pooling data. [17]

3) Neuromorphic / micro-edge option.

Where power is scarce, deploy SNN-based detectors on sensor MCUs for event-driven wake-ups and local anomaly detection, then let swarm/DRL react only when needed. [23], [24]

Figure 1: BioAdapt-IoT Hybrid Architecture



Control loop

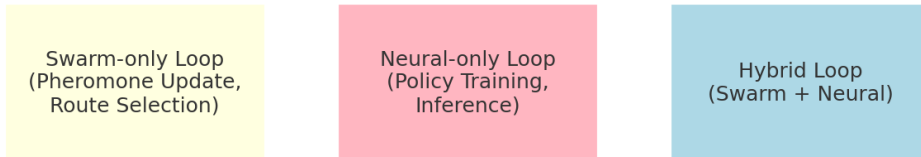
- 1) **Local step:** Nodes update pheromones or fitness scores and pick next hops.
- 2) **Aggregation step:** Gateways gather summaries (link quality, queue lengths, energy).
- 3) **Learning step:** Edge learners update policies every K epochs and push small parameter changes back to nodes (e.g., updated evaporation factor, cluster size targets).
- 4) **Event step:** SNN triggers immediate local actions when salient events occur, without waiting for global cycles.

Example reward (for DRL)

$$r_t = -\alpha \bar{E}_t - \beta \bar{D}_t - \gamma \overline{PLR}_t + \eta \overline{PDR}_t - \kappa \Delta Duty_t$$

with moving-average normalization and constraints enforced via penalties.

Figure 2: Comparison of Control Loops



Algorithmic Building Blocks

ACO next-hop update (device i)

- Pheromone $\tau_{ij} \leftarrow (1 - \rho)\tau_{ij} + \rho \cdot f(Q_j, E_j, ETX_{ij})$ [1]
- Select neighbor j with probability $\alpha \tau_{ij}^\alpha * (\text{heuristic}_{ij})^\beta$ [1]
- Periodic evaporation prevents stale routes; include residual-energy bias [1]

PSO/ABC cluster-head election

- Fitness combines residual energy, centrality, and intra-cluster ETX [2][3]
- Impose coverage/connectivity constraints to avoid isolated nodes [2]

GNN allocation

- Node/edge features: RSSI, ETX, queue, battery [4]
- Unrolled GNN (knowledge-guided) predicts power/channel/time allocations;
- A single forward pass replaces iterative solvers when timing is tight [4]

MAB channel selection

- Per-cluster UCB or Thompson sampling over channels; reward = ACK or SINR [5][6]
- Suitable for tiny MCUs [5]

SNN micro-detector

- Event-driven spike processing on acoustic/vibration streams [7][8]
- Wake the radio only on detected events, cutting idle energy [7][8]

Table 1: Comparison of Bio-Inspired Methods for IoT

Method	Core Principle	IoT Application	Strengths	Limitations
ACO	Pheromone trails	Routing, clustering	Robust path discovery, adaptive	Sensitive to parameters
PSO	Particle search	Node placement, clustering	Fast convergence	May get stuck in local optima
ABC	Foraging	Routing, clustering	Balanced exploration	Overhead in large networks
DRL	Trial-and-error learning	Resource allocation, routing	Learns dynamic policies	Training overhead
GNN	Graph embeddings	Resource allocation	Exploits topology	Needs training data
MAB	Exploration vs exploitation	Channel selection	Lightweight, online	Limited to simple decisions
FL	Decentralized training	Cross-node learning	Privacy-preserving	Communication overhead
SNN	Event-driven spikes	Edge anomaly detection	Ultra-low power	Limited ecosystem

Evidence from the Literature

Swarm for routing and clustering. Numerous ACO/ABC/PSO variants for WSN/IoT improve network lifetime, packet delivery, and reliability, including energy-aware pheromone updates, hierarchical bee-colony routing, and specialized bio-optimizers for cluster-head selection [10] [14].

Hybrid and secure RPL. Bio-inspired enhancements to RPL use optimizers like moth-flame to balance rank metrics and detect attacks, and data-oriented improvements mitigate congestion [15], [16].

Neural decision-making. DRL and DQN improve dynamic resource allocation and routing under time-varying traffic; GNNs deliver fast allocations with domain-knowledge unrolling; MABs support fast channel decisions on constrained devices; and FL addresses privacy and bandwidth limits when models learn across devices [8], [17]–[21].

Edge spiking and neuromorphic. Recent surveys and case studies show SNNs enabling low-power event-driven inference for IoT sensing, which aligns with always-on detection tasks in BioAdapt-IoT [23], [24].

Evaluation Plan

Metrics

- Energy: Joules per delivered bit; network lifetime to 10% node depletion.
- Latency: 95-percentile end-to-end delay.
- Reliability: PDR, link outage rate.
- Adaptivity: Recovery time after link/node failure, performance under interference shifts.
- Overhead: Control bytes per second; model update payloads.

Baselines

- RPL (Objective Functions OF0 and MRHOF) [5].
- Pure swarm (e.g., energy-aware ACO routing) [10], [25].
- Pure neural (e.g., DQN routing or GNN allocation) [28], [21].

Setup

- Topologies: grid, random, clustered; 100–1000 nodes.
- Traffic: Poisson and bursty; mobility in 10–20% nodes.
- Radio: 802.15.4 or BLE-Mesh with realistic SINR models.
- Energy: MCU + radio datasheets; duty-cycle constraints.
- Training: DRL with actor-critic; GNN trained on simulated rollouts; FL across 3–5 gateways.

Expected outcomes

- Swarm-only improves path diversity and robustness; neural-only improves long-horizon efficiency; hybrid wins on both, especially under sudden traffic or interference changes.

Table 2: Evaluation Metrics for IoT Adaptive Control

Metric	Description	Importance
Energy	Joules per bit; lifetime to depletion	Extends network operation
Latency	95th percentile delay	Meets QoS requirements
Reliability	Packet delivery ratio, outage rate	Robustness in practice
Adaptivity	Recovery time after failure	Resilience under dynamics
Overhead	Control + model update bytes	Efficiency on limited bandwidth

Open Challenges

- **Explainability:** Making neural policies auditable for operators.
- **Security:** Bio-inspired routing is adaptive but must be hardened against model poisoning and pheromone tampering; robust FL and anomaly-aware pheromones help [15].
- **Model lifecycle:** How to update models across thousands of nodes with minimal energy.
- **Heterogeneity:** Co-design across radios, MCUs, and OSes.

- **Benchmarking:** Community datasets and simulators that include energy, interference, and failure traces.

Conclusion

Bio-inspired AI is a practical path to adaptive IoT networks. Swarm methods give fast, local coordination. Neural models learn the longer-term, global strategy. With a clean split of duties, as in BioAdapt-IoT, networks can route around failures, learn better schedules, and cut energy without heavy infrastructure. The literature and the proposed architecture point to hybrid designs as the most promising direction for large, real-world deployments [6], [8], [21].

References

- [1] M. Dorigo and T. Stützle, *Ant Colony Optimization*. Cambridge, MA, USA: MIT Press, 2004.
- [2] J. Kennedy and R. Eberhart, "Particle swarm optimization," in *Proc. IEEE Int. Conf. Neural Networks*, 1995, pp. 1942–1948.
- [3] D. Karaboga, "Artificial bee colony algorithm," *J. Global Optim.*, vol. 39, pp. 459–471, 2007.
- [4] S. Mirjalili and A. Lewis, "The whale optimization algorithm," *Adv. Eng. Softw.*, vol. 95, pp. 51–67, 2016.
- [5] T. Winter et al., "RPL: IPv6 routing protocol for low-power and lossy networks," *RFC* 6550, 2012.
- [6] L. Abualigah, H. Shehab, D. Yousri, and A. A. Ewees, "Swarm intelligence to face IoT challenges," *Math. Probl. Eng.*, 2023, Art. ID 4254194.
- [7] A. Alabdulatif and N. N. Thilakarathne, "Bio-Inspired Internet of Things: Current status, benefits, challenges, and future directions," *Biomimetics*, vol. 8, no. 4, p. 373, 2023.
- [8] P. Cheng, C. Liang, and F. Wu, "Deep reinforcement learning for online resource allocation in wireless networks," *IEEE Commun. Mag.*, 2023.
- [9] L. Cai, H. Zhang, and K. Li, "A deep reinforcement learning resource allocation strategy for industrial IoT," *J. Ind. Inf. Integr.*, 2024.
- [10] I. Chakraborty, S. Biswas, and S. R. Bika, "An efficient ACO-based routing and data fusion algorithm for IoT networks," *SN Comput. Sci.*, 2023.
- [11] L. Wu, W. Guo, and C. Zhang, "Data transmission in wireless sensor networks based on ant colony optimization technique," *Appl. Sci.*, vol. 14, no. 12, 5273, 2024.
- [12] F. Ramezanzadeh and M. Shokrzadeh, "Efficient routing for IoT using bee colony and hierarchical chain clustering (PEG_ABC)," *e-Prime – Adv. Electr. Eng. Electron.*, 2024.
- [13] R. Somula, Y. Cho, and B. K. Mohanta, "SWARAM: Osprey optimization algorithm-based energy-efficient cluster head selection for WSN-based IoT," *Sensors*, vol. 24, no. 2, 521, 2024.
- [14] K. V. N. A. Bhargavi et al., "An enhanced PSO-based node placement for coverage in WSNs," *Sensors*, vol. 24, no. 19, 6238, 2024.
- [15] A. Seyfollahi, M. Sabaei, and R. B. Salleh, "A secure RPL-based routing protocol utilizing moth-flame optimization," *Comput. Netw.*, 2022.
- [16] Z. Wang, Q. Fan, and Q. Chen, "Increasing efficiency for routing in IoT using data-oriented RPL," *Alexandria Eng. J.*, 2023.
- [17] E. Dritsas and N. Tselikas, "Federated learning for IoT: A survey of techniques, architectures, and challenges," *IoT*, vol. 14, no. 1, 9, 2025.
- [18] S. Hasegawa, Y. Fukumoto, and H. Ikeda, "Multi-armed-bandit-based channel selection for massive IoT," *Appl. Sci.*, vol. 12, no. 15, 7424, 2022.
- [19] H. Dakdouk, D. Inácio, and J. J. O. Velásquez, "Massive multi-player multi-armed bandits for IoT networks," *Comput. Netw.*, 2023.

- [20] P. Cheng, G. Chen, and Z. Han, "Graph neural networks based resource allocation in heterogeneous wireless networks," in Proc. IIP, 2022.
- [21] H. Yang et al., "A WMMSE-unrolled graph neural network approach for wireless resource allocation," 2024.
- [22] "Edge intelligence: A comprehensive survey on resource-efficient distributed AI for IoT," ACM Comput. Surv., 2024.
- [23] S. Kim and J. Park, "Automatic generation of spiking neural networks on neuromorphic hardware for IoT edge computing," Future Gener. Comput. Syst., 2025.
- [24] A. Survey, "Edge intelligence with spiking neural networks," 2025, arXiv:2507.14069.
- [25] M. A. Tawfeek et al., "Improving energy efficiency and routing reliability in WSNs with a modified ACO," EURASIP J. Wireless Commun. Netw., 2025.
- [26] H. Han et al., "WSN routing optimization based on improved ant colony algorithm in IoT," Heliyon, 2024.
- [27] Q. You, J. Chen, and X. Qin, "Efficient task offloading using PSO in industrial IoT," J. Cloud Comput., 2021.
- [28] F. Liang, C. Yu, and S. Wang, "Towards DQN-based resource allocation in IIoT," Electronics, 2022.
- [29] Muhammad Ahsan Hayat, "An IOT-Driven Smart Agriculture Framework for Precision Farming, Resource Optimization, and Crop Health Monitoring," ACADEMIA International Journal for Social Sciences, vol. 4, no. 3, pp. 1-14, 2025.
- [30] Muhammad Ahsan Hayat, "Blockchain-Secured Iot Framework for Smart Waste Management in Urban Environments," The Critical Review of Social Sciences Studies, vol. 3, no. 3, pp. 1-6, 12- 8 2025.
- [31] Muhammad Ahsan Hayat, "The Role of HR in Managing Robotic Process Automation (RPA) Displacement Anxiety among Employees," The Critical Review of Social Sciences Studies, vol. 3, no. 3, pp. 1-20, 3 8 2025.
- [32] Muhammad Ahsan Hayat, "HR Beyond the Office: Leveraging AI to Lead Distributed Teams and Cultivate Organizational Culture in the Age of Remote and Hybrid Work," ACADEMIA International Journal for Social Sciences (AIJSS), vol. 4, no. 3, pp. 1-20, 2025.